



Getting to the Heart of Things

Day 3

Psalm: 34-18 “The Lord is close to the brokenhearted; he rescues those whose spirits are crushed.”

- Share with the group how/if your spirit feels crushed or has felt that way in the past 6 weeks.
- Knowing God is close to the brokenhearted, how does that comfort you today?
- Has “Delighting and Seeking” shown you anything about healing a broken heart or a crushed spirit?